

New Life Behavior Ministries

The core curriculum for NewLife Behavior Ministries (NLB) is a comprehensive study to discover a meaningful and personal relationship with God. The curriculum contains 174 lessons divided into fourteen (14) courses, including a Children's Edition. A large portion (Courses I, II, III, IV, V, VI, VII, VIII plus the Children's Edition) is available in English, Spanish, Russian, Bulgarian and Chinese. The curriculum has been field-tested and edited for over twenty-five (25) years.

The NLB curriculum is designed to help individuals to be reconciled to God, families and society. It is designed for people in all walks of life. It has been well received by Christians and non-Christians alike. Its greatest use has been in prisons as a Ministry of Hope. Although not a "Bible" course, the Bible is used as the guide to teach desired changes in thinking, attitudes and behaviors.

Course 1: A Sense of Self – This course helps the student better understand himself – where he came from, why he is here, where he is going, and why he thinks, feels and acts as he does.

Course 2: A Sense of Family – This course helps the student recognize the value of each member of the family unit and how we relate to each other functionally in healthy ways.

Course 3: Parenting Matters – This course helps provide tools to improve parenting skills – especially when at least one parent is not present.

Course 4: True Freedom – This course examines the “Truth” that sets us free from sin in spite of our physical surroundings, introducing us to the peace that surpasses understanding.

Course 5: Christian Marriage Skills – This course defines and outlines the roles of the Christian husband and wife and how to strengthen this relationship – especially when one marriage partner is not present.

Course 6: The Christian Woman – The course defines and describes the Christian woman in all the challenging circumstances of life.

Course 7: Attitudes and Behaviors – This course looks at seven Godly virtues and seven destructive vices. These “attitudes” are behind our actions and behaviors – for good or evil.

Course 8: Christians Against Substance Abuse (CASA) – This course looks at each of the Twelve Steps as related to what the Bible teaches. These steps “work” because they present God’s path to recovery from any negative, habitual and destructive behavior.

Course 8b: Christians Against Sex Addiction (CASA) – This course takes a close look at each of the Twelve Steps as found in the Bible to help overcome sexual addictions.

Course 9: The Family Net Series: This course serves as a “safety net” to help a Christian marriage and/or family. The family is the first and most frequent “net” to catch us when we fall.

Course 10: The Seeker Bible Study Series – This course leads the student on a very interesting path of self-discovery to find God, salvation, a sense of belonging, purpose and meaning to life.

Course 11: Prisoners of Christ – This course meets the crucial needs of those just arrested, facing trial and/or coming home as well as future needs of those being sent to prison.

Course 12: Managing My Anger - This course explores the meaning and nature of anger, including how to deal with our emotions in positive ways – for our own benefit and for that of others.

Children’s Edition of Course 1 – This course is designed for children from about age 5 up through the 5th grade. Younger children can benefit if guided by a loving adult. It is a Children’s Edition of A Sense of Self.

When anyone is in Christ, it is a whole new world. The old things are gone; suddenly, everything is new. (2 Corinthians 5:17)

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